New Education in a Box: End of Life Care-

We are pleased to announce that the latest addition to the Education in a Box series: *End of Life Care* is now available for lending to all Manitoba and Winnipeg personal care homes.

Developed by the WRHA PCH Program and the University of Manitoba’s J. W. Crane Memorial Library, the *Education in a Box* series focuses on topics of interest to staff in personal care homes; contains material that is practical, easy-to-read and reflects best practice; and generally includes one or two current videos, printed material, and a list of associated websites and other material, such as books and additional videos available from the library.

Additional materials can be ordered from the J. W. Crane Memorial Library by filling out the form included in the Box and returning it to the Library.

Two *End of Life* boxes have been created, one for Winnipeg PCHs and one for rural PCHs. Personal care home staff may have to wait until the Box is available.

Other topics in the series are:
- Person Centred Care
- Sexuality
- Wandering
- Falls
- Caring for the Resident with MS
- Oral Care

For more information on Education-in-a-Box, go to: [http://umanitoba.ca/libraries/units/health/links/aging.html](http://umanitoba.ca/libraries/units/health/links/aging.html)

To request the loan of a Box, please contact us.

You’ve Got Mail: Stay Up-to-Date with Info LTC/Web Pick of the Week

E-mail overload can be a problem, but what if you were to get one e-mail a week that kept you up-to-date with the latest in geriatric information? The J. W. Crane Memorial Library maintains a weekly e-mail list which contains a new geriatric web resource; new resources received at the Library; and updates on the Library’s current awareness publications Agelit and Current Perspectives.

As a service to you, anyone in the RHA Personal Care Homes receiving this newsletter will be automatically subscribed to the Info LTC list, unless you notify us otherwise by October 30, 2010 by emailing: lysecki@cc.umanitoba.ca.
More Ways to Stay Up-to-Date!

Another way of staying up-to-date is to check out the Info Long-Term Care Blog.

The Blog contains more new web resources in geriatrics, new books at the Crane Library, and new articles in the journal literature.

Look on the right side of the Blog for selected new articles in the geriatric journal literature, and for links to the Table of Contents of the most recently published geriatric journals.

The staff at the J. W. Crane Memorial Library will be happy to send you the full-text of any articles that you find of interest.

The Info Long Term Care blog can be found at: infoltc.blogspot.com/
Online education is becoming increasingly popular with both students and educators. Online courses are more affordable, they allow students the convenience and flexibility to decide when and where they will take their courses, and the U.S. Department of Education has even found that online students tend to perform higher than their traditional in-class counterparts. If you are considering taking an online course, or are already enrolled in one, you will definitely want to take a look at the following book, now available at J.W. Crane Library:

**Successful Online Learning: Managing the Online Learning Environment Efficiently and Effectively** is a useful handbook that serves both as an introduction for students who are new to the online learning environment, as well as a comprehensive source of information and strategies for those already engaged in online education. Each chapter is written by a different author who has been, or is currently, a student or faculty member participating in online learning. The book explores a variety of topics relevant to the online student, using real-life scenarios and checklists at the end of each chapter to make the information as simple to grasp as possible. Some of the many topics covered include:

- Overcoming technological barriers
- Time-management strategies
- Writing and studying tips
- Discovering your learning style
- Ergonomics and well-being

**J. W. Crane Memorial Library Publications**

Designed to help you get to the evidence-based information quickly and efficiently.

Look for our publications online at:

http://umanitoba.ca/libraries/units/health/links/aging.html
Harassment is...
This video explores various types of harassment by presenting different scenarios involving bullying behaviour, inappropriate comments, etc. Many of the scenarios take place in healthcare settings. The scenarios are well developed and quite realistic in their presentation. Some scenarios may cause viewers to feel uncomfortable. The video could be included in annual education on harassment and/or a respectful workplace. It includes a trainer’s guide and a quiz.

Great Nursing Assistant: The Resident’s Perspective
What makes a great nursing assistant? This 17 minute video explores the answer through the eyes of residents in a facility. The residents address topics such as listening and communicating, showing patience and giving choices. Although there are not many frail elderly adults represented among these residents, the residents who were interviewed for the video provide a candid and very compelling glimpse into their lives and their connections with the staff who care for them. The video tends to always refer to HCAs in the feminine, but otherwise it is well worth viewing. Overall, it presents a very positive vision of good care and caring relationships.