We are pleased to announce that the latest addition to the Education in a Box series, "Ethics in Long-Term Care" is now available for circulation to personal care homes.

Developed by the WRHA PCH Program and the University of Manitoba's J.W. Crane Memorial Library, the "Education in a Box Series" focuses on topics of interest to staff in personal care homes, and contains material that is practical, easy-to-read and reflects "best practice", and generally includes one or two current videos, printed material, and a list of associated websites and other material, such as books and additional videos available from the library.

The "Ethics in Long-Term Care" box was created by the Deer Lodge Centre Ethics Committee and Winnipeg Regional Health Authority Ethics Council and contains the video "An ethical lens on long-term care". Extra copies of the video will be available at the J.W. Crane Memorial Library.

Additional materials can be ordered from the J.W. Crane Memorial Library by filling out the form included and returning it to the Library.

Educators who request the "Box" have many options for using the included material. For example, they can choose to:

- have a video available for viewing, and have staff sign when they have viewed it
- book a time in their educational calendar to show the video
- suggest that staff read any or all printed material, and sign a sheet indicating that they have read it
- offer copies of the lists of websites and associated materials to any interested staff

Each personal care home will need to decide which materials best reflect educational needs and practice standards.

Two boxes have been created, one for Winnipeg PCHs and one for rural PCHs.

Personal care home staff may have to wait until the "Box" is available.

To request the loan of a "box", please contact the J.W. Crane Memorial Library by e-mail at dlclibrary@umanitoba.ca, by phone at 831-2152, by fax at 888-1805, or toll free at 1-855-220-1522.

Don’t Live in the City? Now You Can Call Us Toll Free! 1-855-220-1522
### New in the Made Incredibly Easy! Series from: Wolters Kluwer Health/Lippincott Williams & Wilkins

Available at the U of M Health Sciences Libraries

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“The goal of our Made Incredibly Easy, Made Incredibly Quick! and Made Incredibly Visual! books is to break down challenging clinical concepts - the ones that are often difficult or confusing to grasp - and present them in a refreshingly original, engaging format that is easy to understand.

“The tone is light, but never simplistic, and makes learning interesting and effective. All resources combine informative clinical artwork with the series’ trademark humor and illustrations that reinforce key points.”


Check our catalogue or contact the library for other titles in this series!
Alterra, Aaron (2007). *The caregiver: A life with Alzheimer’s*. Writing under a pseudonym, award-winning short story writer E. S. Goldman recounts how he was unexpectedly thrust into the position of primary caregiver to his wife of sixty years once she became diagnosed with Alzheimer’s disease. This captivating memoir serves as a frank and thoughtful portrayal of one man’s introduction to this unpredictable disease and the challenges associated with becoming a caregiver.

Beaumont, Helen (2009). *Losing Clive to younger onset dementia: One family’s story*. At the age of 45, Clive Beaumont was diagnosed with Younger Onset Dementia. At the time, he and his wife Helen had two small children aged 4 and 5, and were struggling to make ends meet. This book describes the difficulties Helen faced coping with this new reality, as well as the challenges of becoming her husband’s caregiver while also raising two children and working a full-time job.

Berman, Raeann, Shulman, Bernard H. (2009). *Caring for your aging parents: An emotional guide to nurturing your loved ones while taking care of yourself*. As it becomes more common for people to live longer lives, adults are increasingly finding themselves in the position of caregiver to their elderly parents. Raeann Berman and Bernard Shulman have put together this inspirational and comforting guidebook, which offers professional advice to those who provide care for their parents.

Kessler, Lauren (2008). *Finding life in the land of Alzheimer’s: One daughter’s hopeful story*. In an attempt to learn more about the disease that killed her mother, accomplished journalist Lauren Kessler signed up to work as a caregiver in an Alzheimer’s facility. This emotional account of the time she spent there, illustrates the challenges faced by both patient and caregiver. It also offers readers a rare chance to see Alzheimer’s patients for who they are: people with thoughts and feelings.

McCullough, Dennis (2008). *My mother, your mother: Embracing “slow medicine” -- the compassionate approach to caring for your aging loved ones*. When it comes to caring for the elderly, Dr. McCullough is a proponent of what he calls “slow medicine”. In this book, he explains how a slower, more compassionate and understanding approach is needed when caring for aging loved ones. He explains the eight stages of later life, and how caregivers ought to adapt their caring as their loved ones progress through those stages.
Find out how staff at the J. W. Crane Memorial Library can help you stay up to date with the latest evidence-based information in books, journals, videos and on the Internet.

**Contact Us**

J.W. Crane Memorial Library  
University of Manitoba Health Sciences Libraries  
dlclibrary@umanitoba.ca  
P: 204-831-2152  F: 204-888-1805  
Toll free: 1-855-220-1522

or contact MHIKNET  
mhiknet@umanitoba.ca  
P: 1-877-789-3804

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**Books for Long-Term Care Support Workers**