Music Therapy in Long-Term Care

At the Alzheimer Society of Manitoba’s Dementia Care conference in Winnipeg this March, the increasingly popular documentary Alive Inside was shown to its attendees. The documentary was well received and clearly made an impact on the viewers.

Alive Inside explores the power of music to touch people and reawaken parts of them that might otherwise seem unresponsive, particularly individuals with dementia. Dan Cohen, a social worker featured in the documentary, is the founder of the non-profit organization Music & Memory whose goal is to bring personalized music to the elderly with the aim of improving quality of life.

Alive Inside is an hour and fifteen minutes long, and parts of it are freely available online (with Henry’s Story being the most popular on YouTube), but if you are interested in watching the full-length documentary, you can request it from the J.W. Crane Memorial Library today by contacting the library at dlclibrary@umanitoba.ca or by calling 204-831-2152.

LTCAM Conference 2015

The Long Term and Continuing Care Association of Manitoba’s annual conference is coming up on May 12, 2015 at Victoria Inn in Winnipeg. The theme for this year’s conference is “Inspire – Challenge – Equip”.

The conference will feature 14 unique sessions and over 90 exhibitors. One of the exhibitors will be the University of Manitoba Library Services to long-term and continuing care. Come by and say hi to the Outreach Librarian, Grace Romund, and pick up some of the latest in long-term and continuing care resources.
A sample of some of our new titles

*Personalisation builds on person-centred care to focus on how people with dementia can have more choice and control over decisions affecting them, and be supported to be part of their community. This practical guide explains how to deliver personalised services and support for people with dementia through simple, evidence-based person-centred practices. The authors clearly explain personalisation and current person-centred thinking and practice, providing many vivid examples of how it has been achieved in community as well as residential care settings. This is essential reading for dementia care practitioners and managers, as well as social and health care workers, community workers and students.*

*The fourth edition of Social Work with Older Adults provides a comprehensive treatment of a strengths-based approach to the major areas of social work with older adults. The text examines the basics of biopsychosocial functioning and the design of interventions to treat a wide variety of challenges facing older adults. This updated edition includes content on abuse and neglect of older adults, drug and alcohol abuse and the social worker’s role in dying, bereavement, and advance directives.*

Pike A. *Improving memory through creativity: A professional’s guide to culturally-sensitive cognitive training with older adults*. 2014. 
*Creativity stimulates older adults both mentally and emotionally and has numerous cognitive and social benefits. Providing culturally-sensitive strategies for improving memory through creativity, this timely book outlines innovative techniques and gives essential insight into effective clinical work in a world with an increasing number of diverse older adults and incidences of Alzheimer’s disease. Amanda Alders Pike clearly explains how to structure sessions and use artistic creativity to improve memory, mood and socialization. She covers everything from how to introduce art materials and techniques, to how to enhance cross-cultural interaction.*

Notice to All Borrowers

This is a notice to all borrowers of items from the library. If you have had materials checked out from the library (hiding up on a bookshelf or in a drawer) that are far past their due date, you are strongly encouraged to return them.

If you have not returned your overdue items, you will be notified 60 days after the due date that you have 15 more days to return them, at which point the library will forward your information to a collections agency, who will be contacting you to collect funds for the replacement of the overdue items as well as an additional fee.

Contact Us

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University of Manitoba Health Sciences Libraries
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P: 1-877-789-3804