NEW OUTREACH LIBRARIAN @ THE LIBRARY

There is a new friendly face at the Deer Lodge Centre and the Riverview Health Centre! Lydia Thorne will be on site at the Crane Library on Monday, Wednesday, and Friday and at the Riverview Library on Tuesday and Thursday (8:30 a.m. - 4:30 p.m.) weekly to provide in-person information services.

In her role as the Long-Term Care Outreach Librarian, Lydia offers research help, literature searches, and library orientation sessions to staff at Deer Lodge, Riverview Health Centre, Winnipeg Regional Health Authority (WRHA) Long Term Care (LTC) Program and the Personal Care Homes of Manitoba.

Lydia is new to Winnipeg, having recently received her Master of Library and Information Science degree from the University of Western Ontario. As part of her studies, she completed a co-op at the James A. Gibson Library, Brock University, in St. Catharines, ON, where she provided reference services and instruction to Faculty of Applied Health Sciences students and faculty. She is a member of the Canadian Health Libraries Association and is an avid fitness guru and wannabe cook.

You can contact her by phone at 204-831-2943 (Crane) or 204-478-6873 (Riverview) or by email at Lydia.Thorne@umanitoba.ca

DEMENTIA CARE CONFERENCE 2017

The Dementia Care Conference is coming up on March 6-7th, 2017 at the Canad Inns Polo Park, Winnipeg.

This year’s featured speaker is Teepa Snow, one of the world’s leading advocates and educators for anyone living with dementia.

Come by the J.W. Crane Memorial Library booth to say “hi” to the librarians and to pick up some dementia care related resources.
Teepa Snow’s videos are now available at the University of Manitoba!

Teepa Snow is a dementia-care specialist with a background in occupational therapy and over 30 years of clinical experience. Teepa uses multi-model learning to help people build their knowledge about dementia and to understand the behaviour of those with dementia. Teepa delivers practical, useful advice that is easy to follow through her series of videos.

"Dementia does not rob someone of their dignity, it’s our reaction to them that does" ~Teepa Snow

NEW BOOKS @ THE LIBRARY

Knocker, S. **Loving: The essence of being a butterfly in dementia care.** 2015.

This book offers a practical approach on how to increase connections with people living with a dementia. It identifies what it takes to ensure the essence of living is at the heart of a care home. The metaphor of a ‘Butterfly’ is used to describe the way in which people can connect in a variety of ways throughout the day, bringing colour and being loving to ‘care’. Each essence of being a butterfly in dementia care is explained and includes a wide range of simple but effective ideas for transforming a care home.

Freeman, B. **Compassionate person-centered care for the dying: An evidence-based palliative care guide for nurses.** 2015.

A milestone resource for palliative care nurses that facilitates evidence-based compassionate and humanistic care of the dying. A valuable contribution to the evolving field of palliative nursing care. It is authored by a model for this field, Bonnie Freeman, and brings to the bedside what her practice embodies—evidence-based clinically expert care...The CARES tool is a long-needed resource and we are all grateful to the author for moving her passion to paper. It will touch the lives and deaths of patients, families, and the nurses who care for them.

Long, S. W. **Caring for people with challenging behaviors: Essential skills and successful strategies in long-term care (2nd ed.).** 2014.

Whether used as part of in-service training of long-term care staff, as a curriculum for students, in workshops for family caregivers, or as a reference for mental health professionals, Caring for People with Challenging Behaviors, Second Edition is an essential read. The simple and practical techniques presented will raise the quality of life for care recipients and can transform the overall culture of care.
Pressure ulcers are still a serious problem in nursing homes despite best efforts to encourage their prevention and treatment. In Canada, compromised wounds were reported in almost 10% of continuing long-term care residents. Along with pain, disfigurement, and an increased infection risk, pressure ulcers are associated with longer hospital stays and increased morbidity and mortality.

Wondering how you can prevent and manage bedsores, pressure ulcers, and skin tears? Well, the J.W. Crane Memorial Library has a great resource for you!

The **Pressure Ulcers in Long-Term Care Guide** has been designed specifically to meet your research needs.

As a “one-stop shop” for information, this guide provides ready reference resources, such as links to new articles, books, and videos published on various wound care topics at the Library as well as web resources and guidelines that you can use in your practice.

To visit the guide, click on the following link:

[http://libguides.lib.umanitoba.ca/pressureulcers-longtermcare](http://libguides.lib.umanitoba.ca/pressureulcers-longtermcare)
WHAT IS IT?

- More than 10,500 topics covering general internal medicine and more than 20 specialties
- Select drug database and drug interaction tool (in partnership with Lexi-comp®)
- More than 1,500 patient education topics
- More than 28,000 graphics
- Links to more than 400,000 references
- A number of medical calculators

WRHA PERSONAL CARE HOME STAFF NOW HAVE ACCESS TO UpToDate®

What is UpToDate and what can I use it for?

UpToDate is an electronic clinical decision-making tool used by clinicians and non-clinicians in the delivery of healthcare.

Do I need a Library account to access UpToDate?

No, however you will want to create an account if you want to:

- Install and use the UpToDate app
- Access UpToDate at home
- Track and earn continuing professional development credits
- Download images to PowerPoint

For more information, visit our webpage:
http://libguides.lib.umanitoba.ca/wrha/uptodate

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CONTACT US!

Want to learn more about the services that we offer here at the Library? Get in touch and we’ll be happy to tell you more about the services that we offer:

- Research Consultations
- Literature Searches
- Personal Alerting Service
- Database Training
- Web Pick of the Week
- Newsletters
- Long-Term Care Email Listserv

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