Multilingual Health Websites

There is a huge amount of health information on the internet, but not all of it is good. These websites provide reliable health information in languages other than English.

- **MedlinePlus** (medlineplus.gov/languages) covers health topics in over 40 languages.
- **Health Canada** (healthycanadians.gc.ca) has many resources in French as well as select items (such as the Food Guide) in other languages.
- **AboutKidsHealth** (aboutkidshealth.ca/) focuses on children’s health in French, Chinese, Arabic, Portuguese, Punjabi, Spanish, Tamil, and Urdu.
- **HealthLinkBC** (healthlinkbc.ca) has dozens of educational sources in Arabic, Chinese, Farsi, French, Korean, Punjabi, Spanish, and Vietnamese—click “Other languages” at the top.
- **Multicultural Health Communication** (mhcs.health.nsw.gov.au) has various topics in 60+ languages.
- **HealthReach** (healthreach.nlm.nih.gov) has patient materials in 50+ languages and dialects.
- **EthnoMed** (ethnomed.org/patient-education) has materials in 10 languages as well as audio resources.
- **Health Information Translations** (healthinfotranslations.org) has simple handouts in 20 languages.
- **NNLM** (nnlm.gov/outreach/consumer/multi.html) has a list of links to more multilingual resources.
- **Health Navigator NZ** (healthnavigator.org.nz/languages) links to materials in 17 languages of Asia and the South Pacific, as well as Somali.
- **World Health Organization** (who.int) has resources in Arabic, Chinese, French, Russian, and Spanish.
Utah Office of Health Disparities (health.utah.gov/disparities/multilinguallibrary/) has a multilingual library of family health materials

Refugee Health (refugeehealth.ca) links to many sites useful for newcomers to Canada to learn about health and wellness topics

Kids New to Canada (kidsnewtocanada.ca/care/parent-info) has information for immigrant parents in multiple languages

Heart & Stroke Foundation (heartandstroke.ca/what-we-do/publications) has information in South Asian languages as well as French.

Immunization Action Coalition (immunize.org/handouts) covers 10 languages.

Institute for Safe Medication Practices Canada (ismp-canada.org/medrec/5questions.htm#l=tab3) discusses medication safety in 18 languages.

For more, contact us: https://libguides.lib.umanitoba.ca/wrha

Available in alternate format on request