We have compiled online resource lists for patients who speak languages other than English. This topic includes the following languages:

- Arabic
- Chinese
- French
- Hindi
- Korean
- Punjabi
- Somali
- Spanish
- Tagalog
- Tamil
- Urdu
- Vietnamese

To see other available resource lists, or to request other topics or languages, please contact us: https://libguides.lib.umanitoba.ca/wrha

Available in alternate format on request
These sites give information in Arabic on topics related to Pregnancy.

- Giving birth: [http://bit.ly/2T1Lfh0](http://bit.ly/2T1Lfh0)
These sites give information in Chinese on topics related to Pregnancy.

- Alcohol in pregnancy: http://bit.ly/2qAe1s5
- Preterm birth: http://bit.ly/2qAe3Ad
- When to call a health-care provider: http://bit.ly/2SWFYaw
- High blood pressure: http://bit.ly/2SUu7cN
These sites give information in French on topics related to Pregnancy.

- Postnatal depression: http://bit.ly/2SWaiSz
- High blood pressure: http://bit.ly/2qB17tV
These sites give information in Hindi on topics related to Pregnancy.

- Life with a new baby: http://bit.ly/2SVhYo0
- Preterm birth: http://bit.ly/2SVi0ME
- High blood pressure: http://bit.ly/2SVhY7u
These sites give information in Korean on topics related to Pregnancy.

- Prenatal screening: http://bit.ly/2SWuzHx
- High blood pressure: http://bit.ly/2SUx9xH
Multilingual Resource Guide...

*Pregnancy: Punjabi*

These sites give information in Punjabi on topics related to Pregnancy.

These sites give information in Somali on topics related to Pregnancy.

- Recovery after vaginal birth: http://bit.ly/2SXu1Ba
These sites give information in Spanish on topics related to Pregnancy.

- Medline Plus guide to pregnancy and reproductive health: http://bit.ly/2qIPUaN
- Preterm birth: http://bit.ly/2qAvSPg
- High blood pressure: http://bit.ly/2SWEVr0
Multilingual Resource Guide...

Pregnancy: Tagalog

These sites give information in Tagalog on topics related to Pregnancy.

- Nutrition: http://bit.ly/2gW7eCa
- Preterm birth: http://bit.ly/2SXX1IZ
These sites give information in Tamil on topics related to Pregnancy.

These sites give information in Urdu on topics related to Pregnancy.

- Life with new baby: http://bit.ly/2qCgjGW
These sites give information in Vietnamese on topics related to Pregnancy.

- Breastfeeding: http://bit.ly/2SWrCH1