There is a huge amount of health information on the internet, but not all of it is good. These websites provide reliable health information in languages other than English.

- **MedlinePlus** ([https://medlineplus.gov/languages](https://medlineplus.gov/languages)) covers health topics in over 40 languages.
- **Health Canada** ([https://www.canada.ca/en/services/health.html](https://www.canada.ca/en/services/health.html)) has many resources in French as well as select items (such as the Food Guide) in other languages.
- **AboutKidsHealth** ([https://www.aboutkidshealth.ca/](https://www.aboutkidshealth.ca/)) focuses on children’s health in French, Chinese, Arabic, Portuguese, Punjabi, Spanish, Tamil, and Urdu.
- **HealthLinkBC** ([https://www.healthlinkbc.ca/](https://www.healthlinkbc.ca/)) has dozens of educational sources in Arabic, Chinese, Farsi, French, Korean, Punjabi, Spanish, and Vietnamese—click “Other languages” at the top.
- **EthnoMed** ([http://ethnomed.org/patient-education](http://ethnomed.org/patient-education)) has materials in 10 languages as well as audio resources.
- **Health Information Translations** ([https://www.healthinfotranslations.org/](https://www.healthinfotranslations.org/)) has simple handouts in 20 languages.
- **NNLM** ([https://nnlm.gov/consumer-health-information-many-languages-resources](https://nnlm.gov/consumer-health-information-many-languages-resources)) has a list of links to more multilingual resources.
- **Health Navigator NZ** ([https://www.healthnavigator.org.nz/languages/](https://www.healthnavigator.org.nz/languages/)) links to materials in 17 languages of Asia and the South Pacific, as well as Somali.
· **World Health Organization** ([https://www.who.int/](https://www.who.int/)) has resources in Arabic, Chinese, French, Russian, and Spanish

· **Utah Office of Health Disparities** ([http://health.utah.gov/disparities/multilinguallibrary/](http://health.utah.gov/disparities/multilinguallibrary/)) has a multilingual library of family health materials

· **Refugee Health** ([https://www.refugeehealth.ca/](https://www.refugeehealth.ca/)) links to many sites useful for newcomers to Canada to learn about health and wellness topics

· **Kids New to Canada** ([https://www.kidsnewtocanada.ca/care/parent-info](https://www.kidsnewtocanada.ca/care/parent-info)) has information for immigrant parents in multiple languages

· **Heart & Stroke Foundation** ([https://www.heartandstroke.ca/what-we-do/publications](https://www.heartandstroke.ca/what-we-do/publications)) has information in South Asian languages as well as French.

· **Immunization Action Coalition** ([http://immunize.org/handouts/](http://immunize.org/handouts/)) covers 10 languages.

· **Institute for Safe Medication Practices Canada** ([https://www.ismp-canada.org/medrec/5questions.htm#l=tab3](https://www.ismp-canada.org/medrec/5questions.htm#l=tab3)) discusses medication safety in 18 languages.

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*Available in alternate format on request*