PT 6110 Worksheet

Scenario
You are working in an outpatient medical clinic. Your next patient, Carolyn Black, is a 42 year old female who is active and in general good health. One morning, a few month ago, Carolyn woke up with pain her right shoulder and pain increased over time to the point where she had very little range of motion. Carolyn is seeing a physician regarding this pain and in hopes of recovering her range of motion. During the initial exam they were unable to determine a specific incident or traumatic event that could have led to her painful shoulder. The physician eventually made the diagnosis that Carolyn has a frozen shoulder and has treated her with a corticosteroid injection. That initially provided some relief but the pain has come back and she still has a very limited range of motion. The physician schedules a meeting with you, she wants to know if you think that physiotherapy would be advisable in addition to the injections. Before you meet with the physician you feel like you need to have some evidence to back up your assertion that physiotherapy would be beneficial.

PICO
Patient/Population:
Intervention:
Comparison:
Outcome:

Foreground Question

Background Question(s)

(see search map on back)
## Search Map

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**Filter:**

**Limits**

**Databases:**