There is a huge amount of health information on the internet, but not all of it is good. These websites provide reliable health information in languages other than English.

- **MedlinePlus** ([https://medlineplus.gov/languages](https://medlineplus.gov/languages)) covers health topics in over 40 languages.
- **Health Canada** ([https://www.canada.ca/en/services/health.html](https://www.canada.ca/en/services/health.html)) has many resources in French as well as select items (such as the *Food Guide*) in other languages.
- **AboutKidsHealth** ([https://www.aboutkidshealth.ca/](https://www.aboutkidshealth.ca/)) focuses on children’s health in French, Chinese, Arabic, Portuguese, Punjabi, Spanish, Tamil, and Urdu.
- **HealthLinkBC** ([https://www.healthlinkbc.ca/](https://www.healthlinkbc.ca/)) has dozens of educational sources in Arabic, Chinese, Farsi, French, Korean, Punjabi, Spanish, and Vietnamese—click “Other languages” at the top.
- **EthnoMed** ([http://ethnomed.org/patient-education](http://ethnomed.org/patient-education)) has materials in 10 languages as well as audio resources.
- **Health Information Translations** ([https://www.healthinfotranslations.org/](https://www.healthinfotranslations.org/)) has simple handouts in 20 languages.
- **NNLM** ([https://nnlm.gov/consumer-health-information-many-languages-resources](https://nnlm.gov/consumer-health-information-many-languages-resources)) has a list of links to more multilingual resources.
- **Health Navigator NZ** ([https://www.healthnavigator.org.nz/languages/](https://www.healthnavigator.org.nz/languages/)) links to materials in 17 languages of Asia and the South Pacific, as well as Somali.
- **World Health Organization** ([https://www.who.int/](https://www.who.int/)) has resources in Arabic, Chinese, French, Russian, and Spanish.

Refugee Health ([https://www.refugeehealth.ca/](https://www.refugeehealth.ca/)) links to many sites useful for newcomers to Canada to learn about health and wellness topics.

Kids New to Canada ([https://www.kidsnewtocanada.ca/care/parent-info](https://www.kidsnewtocanada.ca/care/parent-info)) has information for immigrant parents in multiple languages.


Institute for Safe Medication Practices Canada ([https://www.ismp-canada.org/medrec/5questions.htm#l=tab3](https://www.ismp-canada.org/medrec/5questions.htm#l=tab3)) discusses medication safety in 18 languages.

For more, contact us: [https://libguides.lib.umanitoba.ca/wrha](https://libguides.lib.umanitoba.ca/wrha)

Available in alternate format on request