Multilingual Resource Guide...

Addiction

We have compiled online resource lists for patients who speak languages other than English. This topic includes the following languages:

- Arabic
- Chinese
- French
- Inuktitut
- Polish
- Spanish
- Tagalog
- Vietnamese

To see other available resource lists, or to request other topics or languages, please contact us: https://libguides.lib.umanitoba.ca/wrha

Available in alternate format on request
These sites give information in Arabic on topics related to Addiction.

- Introduction to substance abuse: http://bit.ly/2gW61KQ
- What is addiction: http://bit.ly/2gWe4Yi
- Alcohol abuse: http://bit.ly/2gWePk3
- Substance abuse screening: https://bit.ly/2THGNqN
- How alcohol affects the body: https://bit.ly/2TOf2g6
- Preventing addictions in teens: https://bit.ly/2SWKQuY
- Facts about marijuana: https://bit.ly/2XSgBck
These sites give information in Chinese on topics related to Addiction.

- What is addiction: https://bit.ly/2VVXVqH
- Harm reduction: https://bit.ly/2HgOheD
- Fetal alcohol spectrum disorder: https://bit.ly/2u14qMu
- Stages of recovery: https://bit.ly/2NZJO0m
These sites give information in French on topics related to Addiction.

- Intro to substance abuse: [https://bit.ly/2Y1TcVY](https://bit.ly/2Y1TcVY)
- Canadian Centre on Substance Use and Addiction: [http://www.ccdus.ca/Fra/Pages/default.aspx](http://www.ccdus.ca/Fra/Pages/default.aspx)
- Low-risk alcohol drinking guidelines: [https://bit.ly/2MmByXi](https://bit.ly/2MmByXi)
These sites give information in Inuktitut on topics related to Addiction.

These sites give information in Polish on topics related to Addiction.

- Types of drugs: https://bit.ly/2T1oNDc
- Cannabis: https://bit.ly/2TyXvt1
These sites give information in Spanish on topics related to Addiction.

- Substance abuse guide: [https://bit.ly/2JbD0Oq](https://bit.ly/2JbD0Oq)
These sites give information in Tagalog on topics related to Addiction.

- Alcohol-free pregnancy: [https://bit.ly/2XTKg4Q](https://bit.ly/2XTKg4Q)
These sites give information in Vietnamese on topics related to Addiction.